Students and Parents,

Welcome to Ms. Tracy’s Physical Education class! I am excited to begin a new year and look forward to getting to know you & your child this year. This is my 3rd year teaching physical education at St. Francis Xavier and I am thrilled to be part of this school and community.

National & State Learning Standards for Physical Education will be assessed using a variety of measurement tools such as observations, quizzes, tests, fitness testing, skill assessments and some journaling. This assessment data will be averaged with the daily criteria outlined below to calculate physical education grades.

Each class the students will be able to receive 10 daily points. The students will be graded on the following:

* Attire: Students have an opportunity to earn ten points for wearing appropriate attire each day. If there are any questions regarding appropriate attire, please review the handbook. Each day a student does not wear appropriate clothing to PE, points will be deducted.
* Conduct: Students have an opportunity to earn points for appropriate classroom behavior each day. Students must be respectful, demonstrate good sportsmanship, and comply with all classroom/safety rules. Classroom rules will be reviewed with the students on the first day of class.
* Effort: Students have an opportunity to earn points for the effort they put forth each day. Students must participate to the best of their ability at all times while in physical education class. Any student who does not to participate to the best of their ability at all times must have a written notice from a doctor, school nurse, or parent/guardian to be excused. I have developed short and long-term activities for students that receive a medical excuse from participation in physical education.
* Skill Assessments: The students will be graded on standards based skill execution. Each unit there is a pre and post-test of skill executions. More information will be provided on my website that is listed below.

If you would like more information on upcoming assessments, units, rubrics (such as the one use for daily points) or activities please visit my webpage at: [http://mstracype.weebly.com/](http://mstracype.weebly.com/" \t "_blank). I will be updating our class information on a regular basis and highly encourage you to frequently check it. Physical Education grades are updated weekly using Power School. Parents are encouraged to track their child’s performance regularly using the Power School system.

Please feel free to contact me at mtracy@sfxlg.org if you have any questions. I look forward to our new school year!

Ms. Tracy

St. Francis Xavier  
Physical Education Teacher